

GOAL PLAN RACE

INSTRUCTIONS: Below is a list of phrases and/or sentences which are components in a completed Goal Planning Sheet. Your task is to be the first to enter all of the items in their correct locations on a blank Goal Planning Sheet. (*Hint: Progress evaluation dates have been incorporated directly into the action steps.*)

No time

Easy access to good tree stand

Take vacation time to work on it

Contact bank by 4/16 about loan for my share

Schedule Labor Day work party for partners

I deserve a nice place to relax with my friends

We'll have to stay at that cramped, overpriced bed & breakfast again

Build small cabin and add on gradually

Get partners

Build log cabin hunting camp in time for first day of buck season, next year 12/01/___

I have all the skills necessary to get this done in time

No money

Schedule vacation week 7/4 to work on it

Build it myself

Borrow

Save the \$700 rental fee each year

Contact 10 work buddies by 5/1 re: \$5,000 shares



Goal Planning Sheet

Goal

Use one sheet per goal



Rewards

Today's Date

\$

Target Date



Affirmations

Consequences

①

\$

②



③

Obstacle	Solutions	Steps	Delegate to	Date



GOAL PLAN RACE (CONTINUED)

Goal Planning Sheet

Goal	Use one sheet per goal			
<input type="checkbox"/> Build log cabin hunting camp in time for first day of buck season next year 11/01/___				
Rewards	Today's Date	3/31/2016		
\$ Save the \$700 rental fee each year	Target Date			
♥ Easy access to a good tree stand	Affirmations			
Consequences	① I deserve a place to relax with my friends			
\$ What I could have bought with the rental	② I have all the skills necessary to get this done			
♥ We'll have to say at that cramped bed and breakfast again	③			
Obstacle	Solutions	Steps	Delegate to	Date
No time	Take vacation time to work on it Get partners	Schedule vacation week 7/4 to work on it. Schedule Labor Day work party for partners		6/6/2016
No money	Build it myself Borrow Get partners Build small cabin and add gradually	Contact bank by 4/16 about loan for my share. Contact 10 work buddies by 5/1 re: \$5000/syare		4/16/2016

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